

# Genesee County

## Community Resource Guide



Resources assembled by:



PHYSICIAN PARTNERS

2022

Available at <http://www.mclaren.org/mclaren-physician-partners/resources.aspx>

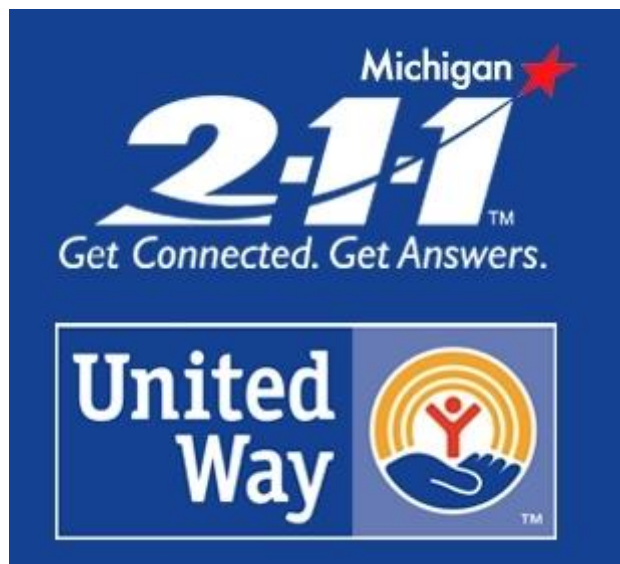
2022

Genesee  
County  
Community  
Resource  
Guide

[ A guide to services in your community ]

# [TABLE OF CONTENTS]

<b>Abuse &amp; Protective Services</b>	<b>[1]</b>
<b>Adult Aging Services</b>	<b>[1-2]</b>
<b>Animal Support</b>	<b>[2]</b>
<b>County &amp; City Resources</b>	<b>[2]</b>
<b>Disability &amp; Special Needs Resources</b>	<b>[2]</b>
<b>Education &amp; Training</b>	<b>[2-3]</b>
<b>Emergency &amp; Disaster Services</b>	<b>[3-4]</b>
<b>Employment Assistance</b>	<b>[4]</b>
<b>Financial Assistance</b>	<b>[4]</b>
<b>Fitness, Recreation &amp; Rehabilitation</b>	<b>[4]</b>
<b>Food Pantries, Clothing &amp; Household Assistance</b>	<b>[4-5]</b>
<b>Healthcare Services</b>	<b>[5-7]</b>
<b>Housing Assistance</b>	<b>[7]</b>
<b>Legal Assistance</b>	<b>[7]</b>
<b>Parenting &amp; Pregnancy Resources</b>	<b>[7-8]</b>
<b>Prescription Assistance</b>	<b>[8]</b>
<b>Support Groups</b>	<b>[8-9]</b>
<b>Transportation</b>	<b>[9]</b>
<b>Tribal Services</b>	<b>[9]</b>
<b>Veterans Affairs</b>	<b>[9]</b>
<b>Volunteer Opportunities</b>	<b>[9]</b>



## **ABUSE & PROTECTIVE SERVICES**

### **FOR EMERGENCY SERVICES CALL**

**911**

Children & Adult Protective Services (CPS)	(855) 444-3911
Common Ground Crisis Line Crisis Hotline	(800) 231-1127
<a href="https://13reasonswhy.info/">https://13reasonswhy.info/</a>	
Elder Abuse Hotline	(810) 257-3422
Equality Michigan	(313) 537-7000
Free Lead Testing	(810) 257-3833
Haven Crisis Line	(877) 922-1274
LGBT Hotline	(212) 714-1141
Love is Respect Hotline	(866) 331-9474
Michigan Coalition to End Domestic & Sexual Violence	(517) 347-7000
Narcotics Anonymous 24/7	(800) 230-4085
National Council on Alcoholism and Drug Dependence (NCADD)	(800) 622-2255
National Domestic Violence Helpline	(800) 799-7233
National Human Trafficking Resource Center	(888) 373-7888
<a href="mailto:Help@humantraffickinghotline.org">Help@humantraffickinghotline.org</a>	
RAINN (Rape & Incest National Network)	(800) 656-4673
Safe Center Crisis Hotline 24/7	(877) 952-7283
Stop It Now! Hotline	(888) 773-8368
Suicide Prevention	(800) 273-8255

Third level Crisis Line	(800) 442-7315
Victim Connect (stalking hotline)	(855) 484-2846

## **ADULT AGING SERVICES**

McLaren Home Care	(866) 323-5974
Area on Aging	(800) 858-1637
Burton Senior Center	(810) 744-0960
Clio Senior Center	(810) 687-7260
Crisis Services for the Elderly	(517) 483-7205
Davison Senior Center	(810) 658-1566
Department of Human Services	(231) 533-8664
Disability Network	(800) 232-6040
<a href="http://www.dnmichigan.org">www.dnmichigan.org</a>	
East Side Senior Citizens Center	(810) 250-5000
Flushing Senior Center	(810) 659-4735
Genesee County	(810) 760-7300
Genesee Gardens	(810) 479-5248
Grand Blanc Area Senior Center	(810) 695-3202
HAP Senior Plus	(800) 868-3153
Huntington's Disease Society of America - Michigan Chapter	(800) 909-0073
Kindred Health Hospice	(810) 733-7250
Lockwood of Fenton	(810) 714-3340
Meals on Wheels	(810) 632-7334
Medicare	(800) 633-4227
Medicare/Medicaid Assistance Program (MMAP)	(800) 803-7174
Social Security Administration	(800) 772-1213
Swartz Creek Area Senior Center	(810) 635-4122
Valley Area Agency on Aging	(810) 239-7671
Veterans Affairs	(231) 533-8499

### **Adult Day Services**

All Elder Watching Senior Adult	(810) 232-2273
.Noor Adult Day Care Center	(810) 785-1121
TLC Adult Care	(810) 235-8280

### **Adult Foster Care**

Place for Mom	(866) 333-2174
Senior Advisor	(888) 305-1171
Tranquility House AFC	(810) 410-4521

## Alzheimer's & Dementia Care

Alzheimer's Association & Helpline	(800) 272-3900
Cottage of Davison	(810) 653-7343
Swartz Creek Senior Center	(810) 635-4122

## Assisted Living

American House	(810) 936-4581
Courtyard Manor of Fenton	(810) 629-0385
Hyde Park Assisted Living	(810) 659-3000
Landings of Genesee Valley	(810) 720-5184
Pines of Burton	(810) 228-3520
Woodhaven Senior Community	(810) 230-1070

## ANIMAL SUPPORT

Animal Control	(810) 732-1660
Dog Licenses	(810) 257-3054

## Animal Shelters

Allstate Animal Control (wildlife)	(888) 488-7720
Animal Control	(810) 732-1660
Humane Society	(810) 744-0511

## COUNTY RESOURCES

Administrative Offices	(810) 257-3224
Election Division	(810) 257-3283
Floyd J. McCree Courts and Human Services Center (Lead Testing)	(810) 257-3833
Friend of the Court	(810) 257-3300
Health Department	(810) 257-3612
Legal Division	(810) 257-3220
Register of Deeds	(810) 257-3060
Vital Record Division	(810) 257-3225

## DISABILITY & SPECIAL NEEDS

### RESOURCES

Autism Society of MI	(800) 328-8476
Children's Special Healthcare Services	(800) 359-3722
Dental Lifeline Network	(303) 534-5360
Disability Network of MI	(800) 782-4160

[www.dnmichigan.org/cil-directory](http://www.dnmichigan.org/cil-directory)

GiGi's Playhouse (Downs Syndrome Resources)	(847) 885-6149
Home of Mercy	(810) 820-9146
Medicare/Medicaid Assistance Program	(800) 803-7174
Michigan Alliance for Families	(800) 552-4821
Michigan Commission for the Blind	(800) 292-4200
Michigan Commission for the Deaf	(877) 499-6232
Michigan Dept. Of Education – Office of Special Education – Lansing, MI	(888) 320-8384
Michigan Protection & Advocacy	(800) 288-5923
Muscular Dystrophy Association	(800) 572-1717
Paralyzed Veterans of America Relay Center for Deaf/Hard of Hearing	(800) 638-6782 7-1-1
Social Security Administration	(800) 772-1213
The Family Center for Children and Youth with Healthcare Needs	(800) 359-3722
United Cerebral Palsy of MI	(800) 828-2714
Vocational Rehabilitation	(800) 257-4850
Michigan Commission for the Deaf	

## EDUCATION & TRAINING

American Red Cross	(800) 733-2767
Special Education and Early Intervention Services	(888) 320-8384
Tuition Incentive Program	(888) 447-2687

## Adult Programs

Michigan Department of Career Development	(517) 373-8800
---	----------------

## Childcare Centers & Preschools

Country Mouse Child Care	(517) 548-7066
Creative Learning Academy	(810) 234-8448
DHS- Child Care licensing division	(866) 685-0006
Davison KinderCare	(810) 653-1206
Fenton Owen KinderCare	(810) 629-2233
Grand Blanc KinderCare	(810) 603-2500
Happy Elephant Childcare	(810) 230-7600
Hurley Children's Center	(810) 262-9773

Little People's Playhouse (810) 733-5998  
 Fenton Silver Parkway (810) 714-6070  
 KinderCare

### Colleges/Career Centers

Baker College (855) 487-7888  
 Central Michigan University (810) 235-7530  
 Ferris State University (810) 762-0461  
 Genesee Early College (810) 591-5115  
 GISD Career and Technical Education Programs (810) 591-4446  
 Kettering University (810) 762-9500  
 Michigan State University College of Human Medicine-Flint Campus (810) 600-5600  
 Mott Community College (810) 762-0200  
 Northwood University (810) 720-9250  
 Spring Arbor University (810) 733-7740  
 University of Michigan- Flint (810) 762-3300

### Libraries

Genesee District library (810) 732-5570  
[thegdl.org](http://thegdl.org)  
 Burton Memorial (810) 742-0674  
 Clio Area (810) 686-7130  
 Davison Area (810) 653-2022  
 Fenton – Winegarden (810) 629-7612  
 Flint Public Library (810) 232-7111  
 Flint Township – McCarty (810) 732-9150  
 Flushing Area (810) 659-9755  
 Genesee Valley Center (810) 732-1822  
 Goodrich (810) 639-2489  
 Grand Blanc – McFarlen (810) 694-5310  
 Linden (810) 735-7700  
 Mt. Morris (810) 686-6120  
 Swartz Creek – Perkins (810) 635-3900

### School Districts

Atherton (810) 591-0400  
 Bendle (810) 591-2501  
 Beecher (810) 591-9200  
 Bentley (810) 591-9120  
 Carman-Ainsworth (810) 591-3700  
 Clio (810) 591-0500  
 Davison (810) 591-0801  
 Erwin L. Davis Education Center (810) 591-4400  
 Fenton (810) 591-4700  
 First Flint Seventh-Day Adventist Christian School (810) 732-0230

Flint Community Schools (810) 760-1000  
 Flushing (810) 591-1180  
 Genesee (810) 591-1650  
 GISD (810) 591-4400  
 Goodrich (810) 591-2250  
 Grand Blanc (810) 591-6000  
 International Academy of Flint (810) 600-5000  
 Kersley (810) 591-8000  
 Lake Fenton (810) 591-4141  
 Lakeville (810) 591-3980  
 Linden (810) 591-0980  
 Montrose (810) 591-8800  
 Mt. Morris (810) 591-8760  
 Perry Education Center (810) 591-6088  
 Swartz Creek (810) 591-2300

### Youth Programs

Big Brother Big Sister (810) 235-0617  
 Flint & Genesee Chamber (810) 600-1404  
 Genesee County Youth Corp (810) 233-8700  
 Genesee STEM Academy (810) 600-6466  
 Salvation Army Youth Program (810) 232-2199  
 YMCA (810) 238-7621

## EMERGENCY & DISASTER SERVICES

### **Ambulance, Fire and Police 911**

American Red Cross (800) 733-2767  
 Center for Disease Control and Prevention (CDC) (800) 232-4636  
 Crisis Hotline  
<https://13reasonswhy.info/>  
 Crisis Text Line TEXT CONVO to 741741  
 Genesee County Emergency Management (810) 257-3064  
 Poison Control (800) 222-1222  
 Suicide Prevention (800) 273-8255

### Law Enforcement

Genesee County Sheriff (810) 257-3422  
 Michigan State Police (810) 732-1111  
 Argentine Township (810) 735-5050  
 City of Burton (810) 742-2542  
 City of Clio (810) 686-5010  
 City of Davison (810) 653-2191  
 City of Fenton (810) 629-5311  
 City of Flint (810) 237-6800  
 City of Flushing (810) 659-3119  
 City of Grand Blanc (810) 694-1111

City of Linden	(810) 735-5454
City of Montrose	(810) 639-5400
City of Mt. Morris	(810) 686-4400
City of Swartz Creek	(810) 635-4401
Clayton Township	(810) 635-3230
Davison Township	(810) 653-5656
Flint Township	(810) 600-3250
Flushing Township	(810) 659-0809
Genesee Township	(810) 640-2000
Grand Blanc Township	(810) 424-2600
Mt. Morris Township	(810) 785-0817
Mundy Township	(810) 655-4631
Richfield Township	(810) 653-3565
Thetford Township	(810) 686-5200
Village of Gaines	(989) 271-8386
Village of Otisville	(810) 631-6310

### **EMPLOYMENT ASSISTANCE**

Employee Assistance Program	(800) 969-6162
HELPNET	
Goodwill Industries	(810) 732-5040
Job Corp	(810) 232-0001
Michigan Council of Rehabilitation Services	(517) 483-2826
Michigan Indian Employment and Training Services	(800) 591-8820
Michigan Veterans Affairs Agency	(800) 642-4838
Michigan Works!	(810) 233-5974
Unemployment Office Hotline	(866) 500-0017

### **FINANCIAL ASSISTANCE**

MSHDA: Step Forward	(866) 946-7432
Pierson Road DHS	(810) 760-7300

#### **Tax Assistance**

Genesee County Treasurer's Office	(810) 257-3054
H & R Block	(800) 472-5625
Liberty Tax Service	(866) 871-1040
My Free Taxes <a href="http://www.myfreetaxes.com">www.myfreetaxes.com</a>	
Volunteer Income Tax Assistance	(800) 906-9887

### **FITNESS, RECREATION & REHABILITATION**

McLaren Physical Therapy Davison	(810) 658-5631
McLaren Physical Therapy Flint	(810) 342-2356
McLaren Physical Therapy Flushing	(810) 342-5550
Commit to Fit <a href="https://www.commit2fit.com">https://www.commit2fit.com</a>	
Flint Children's Museum	(810) 767-5437
Grand Blanc Gymnastics Company	(810) 694-3222
Huckleberry Railroad	(810) 736-7100
MI Rehab Service	(877) 901-7398
Rehabilitation Institute of MI	(313) 745-1203

#### **Parks & Recreation**

City of Flint Parks & Rec	(810) 766-7426
For-Mar Nature Preserve	(810) 736-7100 ext.892
Genesee County Parks & Rec	(810) 736-7100
Seven Lakes Parks & Rec	(248) 634-7271

### **FOOD, CLOTHING & HOUSEHOLD ASSISTANCE**

American Red Cross	(800) 733-2767
Area on Aging	(800) 858-1637
Asbury United Methodist Church	(810) 235-0016
Carriage Town Ministries	(810) 233-8787
Center For Gerontology	(810) 762-4550
Christ The King Catholic Church	(810) 233-6047
Christ Enrichment Center	(810) 239-9425
Community Closet of Catholic Charities of Shiawassee & Genesee Counties	(810) 265-7025
Community Clothes Closet	(810) 233-3995
Consumer Services Inc	
CMH - Homeless Outreach	(810) 257-3662
Church Without Walls	(810) 238-7000
Christian Love Faith Center	(810) 235-8401
Christ Enrichment Center	(810) 239-9425
Central Assembly PCG	(810) 238-5261
Central Baptist Church	(810) 742-7060
Champions In Christ	(810) 789-0203

Davison Free Methodist Church	(810) 653-5272
Department of Human Services	(231) 533-8664
DHS Genesee Cty	(810) 760-2343
Emmanuel Baptist Church	(810) 736-6111
Elsona Foster Care	(810) 234-8072
Faith Baptist Temple	(810) 787-9136
Faith United Methodist	(810) 785-6761
First Flint Seventh-Day Adventist Church Community Service Center	(810) 732-0655
Flint Beecher Corps- Salvation Army	(810) 789-4003
Flint Strive	(810) 232-5661
Flushing Christian Outreach Center	(810) 487-2223
Food Bank Council of Michigan	
<a href="http://www.fbcmich.org/resources/find-a-food-bank">www.fbcmich.org/resources/find-a-food-bank</a>	
Food Bank of Eastern Michigan	(810) 239-4441
Foss Avenue Baptist Church	(810) 787-0096
GCCAA Senior Food	(810) 232 6891
Greater Flint Outreach Center	(810) 767-4064
Holy Rosary Catholic Church	(810) 736-4040
Meals on Wheels	(888) 370-7184
North End Soup Kitchen	(810) 785-6911
Outreach East	(810) 653-7711
Swartz Creek Community Food Basket	(810) 635-4555
The Salvation Army Family Store & Donation Center	(810) 600-0020
WIC Program	(800) 942-1636

### **HEALTHCARE SERVICES**

McLaren Advanced Care Planning	(810) 342-2546
McLaren Dialysis Services	(810) 342-2175
McLaren Stroke Center	(810) 342-5700
McLaren Flint - Diabetes Education & Nutrition	(810) 342-5506
AIDS programs and management	(810) 237-4538
Genesys Diabetes and Nutrition Learning Center	(810) 606-7720
Wellness Services - STI Counseling & Testing	(810) 232-0888

Sexually Transmitted Disease Testing & Treatment	(810) 232-0888
Wound Care Center/Hyperbaric Oxygen Therapy	(810) 342-5500
Centers for Disease Control and Prevention	(800) 232-4636
Children's Special Healthcare Services	(800) 359-3722
Veteran Affairs	(844) 698-2311

### **Clinics & Hospitals**

McLaren Flint – Grand Blanc Occupational Health & Convenient Care Center	(810) 496-0900
McLaren Flint Hospital	(810) 342-2000
McLaren Health Management Group	(866) 323-5974
McLaren Physical Therapy Davison	(810) 658-5631
McLaren Physical Therapy Flint	(810) 342-2356
McLaren Physical Therapy Flushing	(810) 342-5550
Autism Society hotline	(800) 328-8476
Crestmont Nursing Care Center	(810) 629-4105
Fenton Extended Care Center	(810) 714-4480
Genesee Health System	(810) 257-3740
Immunization Clinic	(810) 237-4540
Karmanos Cancer Institute	(800) 527-6266
Karmanos Cancer Institute – Flint	(810) 342-3800
Michigan HIV/STD Hotline	(800) 872-2437
Mott Children’s Health Center	(810) 767-5750
Muslim Outreach Free Clinic	(810) 762-1012
Oakland Psychological Clinic	(810) 695-0055
Optimum Healthcare	(810) 750-1947

### **Dental Resources**

ABC Family Dental	(810) 230-9091
Dental Lifeline Network	(303) 534-5360
Dental Specialty Center	(810) 695-3330
Flushing Family Dental Care	(810) 659-7800
Grossi Dental & Wellness	(810) 235-7300
Hamilton Community Health	(810) 406-4246
Michigan Dental Association - Donated Dental Services Program	(800) 589-2632
MiChild Dental	(888) 988-6300



Mobile Care Group dental care (248) 809-6398  
for homebound/nursing &  
assisted care facilities

### Hearing Assistance

Hearing Screening GCHD (810) 257-3193  
Michigan School for the Deaf (810) 257-1467  
Relay Center for Deaf/Hard of 7-1-1  
Hearing (800) 649-3777

### Medical Equipment & Loan Closets

Adaptive Environments - (800) 355-5438  
Home Lifting systems  
ALS of Michigan (800) 882-5764  
GiGi's Playhouse (847) 885-6149  
Hart Medical Equipment (810) 406-4502  
Michigan Assistive Technology (800) 828-2714  
Loan Fund  
Michigan CPAP Bank CPAP, (734) 232-3964  
BiPAP, ASV, AVAPS, & supplies  
Muscular Dystrophy (800) 572-1717  
Association  
One-Drop Diabetes Support & (800) 437-1474  
Supplies  
Paralyzed Veterans of (800) 638-6782  
America- MI  
The National Federation of the (410) 659-9314  
Blind  
United Cerebral Palsy (800) 828-2714  
Michigan  
Wright & Filippis (810) 234-6608

### Mental Health & Counseling Services

McLaren Behavioral Health (810) 342-5333  
Center Outpatient & Mental  
Therapy  
McLaren Behavioral Health (810) 342-2076  
Inpatient Services  
Access Alliance (800) 448-5498  
Auburn Counseling (810) 744-3300  
Boys Town National Hotline (800) 448-3000  
Common Ground Crisis Line (800) 231-1127  
Genesee Health System-Crisis (810) 257-3740  
GHS Crisis Hotline TEXT Flint to  
741741  
Hope Network (810) 600-5001  
Insight Recovery (810) 744-3600  
Involuntary Hospitalization for (810) 257-3528  
Mental Illness Probate Court  
Narcotics Anonymous 24/7 (800) 230-4085

National Alliance on Mental (800) 950-6264  
Illness  
National Council on (800) 622-2255  
Alcoholism and Drug  
Dependence (NCADD)  
National Domestic & Sexual (800) 799-7233  
Violence Helpline  
National Human Trafficking (888) 373-7888  
Resource Center  
New Paths (810) 233-5340  
Oakland Psychological Clinic (810) 695-0055  
Problem Gambling Helpline (800) 270-7117  
RAINN (Rape & Incest National (800) 656-4673  
Network)  
SEMCA (800) 686-6543  
Stop It Now! Hotline (888) 773-8368  
Substance Abuse Hotline (800) 662-4357  
Suicide Prevention (800) 273-8255

### Substance Abuse

24-hour addiction helpline (800) 838-1752  
Alcoholics Anonymous (810) 234-0815  
Community Recovery (810) 744-2530  
Services  
CDC Hotline (800) 232-4636  
Hope Network (810) 600-5001  
Michigan Substance Use (888) 995-3120  
referral  
Narcotics Anonymous (NA) (800) 230-4085  
Hotline  
National Council on (800) 622-2255  
Alcoholism and Drug  
Dependence (NCADD)  
New Paths (810) 233-5340  
Sacred Heart Rehabilitation (810) 732-1652  
SAMHSA's National Helpline (800) 732-HELP  
SEMCA (Substance Abuse) (800) 686-6543  
Substance Abuse Hotline (800) 662-4357

### Urgent Care

Flushing Road Urgent Care (810) 424-0759  
Genesee Urgent Care (810) 720-8700  
Lifetime Urgent Care (810) 288-2990  
WellNow Urgent Care (810) 208-7470

### Vision Providers

East Michigan Eye Center (810) 238-3603  
Michigan Commission for the (800) 292-4200  
Blind

Michigan Eye Institute Fenton, MI	(810) 629-7900
Michigan Eye Institute Flint, MI	(810) 733-7111
Michigan Eye Institute Grand Blanc, MI	(810) 694-8400
Michigan Vision Institute	(810) 750-1975
National Eye Institute	(301) 496-5248
Valley Eye Consultants	(810) 733-5535
Vision Screening	(810) 257-3193

### **HOUSING ASSISTANCE**

American Red Cross	(800) 733-2767
MSHDA: Step Forward	(866) 946-7432
Veterans TOLL Free Numbers	<a href="http://iris.custhelp.va.gov">iris.custhelp.va.gov</a>

#### **Emergency Shelters & Warming Centers**

Building Strong Women	(810) 234-7933
Carriage Town Ministries- Family Center	(810) 238-6847
Flint Adult Rehabilitation Center- Salvation Army	(810) 234-2678
Flint Odyssey House	(810) 238-0483
My Brother's Keeper	(810) 234-1163

#### **Heating/Utility Assistance & Home Repairs/Weatherization**

American Red Cross	(800) 733-2767
Area on Aging	(800) 858-1637
Heat and Warmth Fund	(800) 866-8429
Home Improvement Program	(810) 257-3010
Metro Planning Commission	(810) 257-3010
Environmental Health Services - Lead Protection	(810) 257-3603
USDA Rural Development	(202) 720-2791

#### **Low Income Housing**

Action Agency	(800) 443-5518
Arc Group Living Facilities	(810) 234-9461
Burton Place	(810) 742-2030
Cambridge Square of Flint	(810) 733-1270
Cranbrook Village Cooperative	(810) 785-2661
Dauner Haus Apartments	(810) 629-7140
Home Stretch Nonprofit Housing	(231) 947-6001
HUD Rental Assistance	(800) 569-4287
Kings Lane Apartments	(810) 341-1740

Mari Dan Miller Farms	(810) 635-2922
Metro Community Development	(810) 767-4622
Mission of Peace Community Development	(810) 232-0104
Riverbend Apartments	(810) 695-2100
River Park	(810) 736-3088
USDA Rural Development	(517) 324-5190

### **LEGAL ASSISTANCE**

Center for Civil Justice	(800) 724-7441
Genesee County Clerk's Office-Legal Division	(810) 257-3220
FOIA (Freedom of Information Act) Requests	(517) 241-1934
Legal Services of Eastern Michigan	(800) 322-4512
Michigan Department of Civil Rights	(517) 335-3165
Michigan Indian Legal Services	(231) 947-0122
Michigan Senior Legal Hotline	(866) 400-9164
Social Security Administration	(800) 772-1213
Veterans TOLL Free Numbers	<a href="http://iris.custhelp.va.gov">iris.custhelp.va.gov</a>

### **PARENTING/PREGNANCY RESOURCES**

24-Hour Crisis Line	(800) 275-1995
Breast Feeding Hotline	(800) 994-9662
Childcare Assistance	(585) 344-2580 Ext. 6423
Child Safety Seat Inspection	(866) Seat-Check
Family Planning	(810) 237-4538
Foster Care	(810) 257-3518
Healthy Kids/MiChild	(810) 257-3039
Insurance	
Healthy Start	(810) 237-6166
LA Leche League	(800) 525-3243
Michigan Alliance for Families <a href="https://www.michiganallianceforfamilies.org/maf-offices/">https://www.michiganallianceforfamilies.org/maf-offices/</a>	
Parent Help Line	(800) 942-4357
The Family Center for Children and Youth with Special Health Care Needs	(800) 359-3722

YWCA (Women's support)	(810) 238-7621
WIC	(800) 942-1636
Women's Health Resource Line	(800) 994-9662

## **PRESCRIPTION ASSISTANCE**

### **Pharmacies**

Ballenger Pharmacy Center	(810) 239-0100
Borden's Pharmacy	(810) 686-4550
Diplomat Specialty Pharmacy	(810) 732-8720
East Michigan Pharmacy	(810) 422-9098
Kroger Burton	(810) 239-9941
Kroger Flushing	(810) 659-8057
Kroger Grand Blanc	(810) 953-9156
Kroger Swartz Creek	(810) 630-0585
Meijer Flint	(810) 235-2711
Meijer Swartz Creek	(810) 635-1400
Sam's Club Flint	(810) 733-0741
Sam's Club Grand Blanc	(810) 603-9702
Swartz Creek Pharmacy	(810) 635-3355
Town Center Pharmacy	(810) 232-9100
Uptown Pharmacy	(810) 230-9900
Wal-Mart Burton	(810) 744-2984
Wal-Mart Clio	(810) 564-4278
Wal-Mart Fenton	(810) 750-3735
Wal-Mart Flint	(810) 733-3355
Wal-Mart Grand Blanc	(810) 603-9765
Walgreens Davison	(810) 653-4020
Walgreens Fenton	(810) 629-3134
Walgreens Flint	(810) 234-0317
Walgreens Flushing	(810) 659-1062
Walgreens Grand Blanc	(810) 695-4623

### **Prescription Assistance**

Elder Prescription Insurance Program	(866) 755-6479
Life Source Direct Rx Discount Card- Uninsured/Underinsured	(866) 340-4748
MMAP	(800) 803-7174
MiRx Discount Card	(866) 803-7174
NeedyMeds	(800) 503-6897
Partnership for Prescription RxAssist	<a href="http://www.pparx.org">www.pparx.org</a> <a href="http://www.rxassist.org">www.rxassist.org</a>
Rx Outreach	(800) 769-3880

## **SUPPORT GROUPS**

McLaren Adult Diabetes Education	(810) 342-5506
McLaren Community Stroke Support Group	(810) 342-5560
McLaren Grief Support	(810) 496-8625
McLaren Hospice Bereavement Support Group	(810) 496-8625
McLaren Weight Loss Surgical Support Group	(888) 342-5470
ALS of Michigan	(800) 882-5764
Alzheimer's Association and Helpline	(800) 272-3900
American Cancer Society <a href="http://www.cancer.org">www.cancer.org</a>	(800) 227-2345
Area on Aging	(800) 858-1637
Autism Society of MI	(800) 328-8476
Common Ground Crisis Line	(800) 231-1127
Compassionate Friends (Parent's Grief Group)	(877) 969-0010
Disability Network of MI <a href="http://www.dnmichigan.org/cil-directory">www.dnmichigan.org/cil-directory</a>	(800) 782-4160
Ele's Place	(810) 232-3040
Epilepsy Foundation of Michigan	(800) 377-6226
Equality Michigan	(313) 537-7000
Genesys Hurley Cancer Institute	(888) 762-8675
Haven Crisis Line	(877) 922-1274
Huntington's Disease Society of America	(800) 909-0073
Children's Leukemia Foundation of Michigan	(800) 825-2536
Leukemia & Lymphoma Society <a href="http://www.leukemia.org">www.leukemia.org</a>	(800) 456-5413
Leukemia Society of America	<a href="http://www.leukemia.org">www.leukemia.org</a>
LGBT Hotline	(212) 714-1141
Love is Respect Hotline	(866) 331-9474
Michigan HIV/AIDS Hotline	(800) 872-2437
National Cancer Institute <a href="http://www.cancer.gov">www.cancer.gov</a>	(800) 230-4085
Narcotics Anonymous 24/7	(800) 230-4085
National Council on Alcoholism and Drug Dependence (NCADD)	(800) 622-2255

National Domestic & Sexual Violence Helpline	(800) 799-7233
National Human Trafficking Resource Center	(888) 373-7888
Parkinson's Support Group	(800) 852-9781
Problem Gambling Help Line	(800) 270-7117
RAINN (Rape & Incest National Network)	(800) 656-4673
SEMCA	(800) 686-6543
Stop It Now! Hotline	(888) 773-8368
Stop Smoking Support Group	(800) 784-8669
Substance Abuse Hotline	(800) 662-4357
Suicide Prevention	(800) 273-8255
WIC	(800) 942-1636
Women's Health Resource Line	(800) 994-9662

### **TRANSPORTATION**

American Cancer Society Road to Recovery	(800) 227-2345
Area on Aging	(800) 858-1637
Auto Safety Hotline	(888) 327-4236
Child Safety Seat Inspection	(866) Seat-Check
Disabled American Veterans, Chapter #3	(810) 742-9220
Hope Network (medical appt.)	(810) 600-5001
Mass Transportation Authority (MTA)	(810) 767-6950
Karmanos Cancer Institute Veterans TOLL Free Numbers	(800) 527-6266 <a href="http://iris.custhelp.va.gov">iris.custhelp.va.gov</a>

### **TRIBAL SERVICES**

Michigan Department of Civil Rights	(517) 335-3165
MDHHS Native American Affairs Office	(517) 335-7782
Michigan Indian Employment and Training Services	(800) 591-8820
Michigan Indian Legal Services	(231) 947-0122
Michigan Indian Tuition Wavier	(517) 241-7748
YWCA	(810) 238-7621

U.S. Office of Indian Education (202) 260-3774

### **VETERANS AFFAIRS**

Area on Aging	(800) 858-1637
CHAMPVA	(800) 733-8387
Disabled American Veterans	(989) 348-5645
Disabled American Veterans, Chapter #3	(810) 742-9220
Genesee County Department of Veterans Services	(810) 257-3068
Michigan Veterans Affairs	(800) 642-4838
Paralyzed Veterans of America	(800) 638-6782
VA Benefits	(800) 827-1000
Veterans Administration	(800) 827-1000
Veterans Affairs	(844) 698-2311
Veterans Affairs Ann Arbor	(800) 361-8387
Veteran's Crisis Line	(800) 273-8255
Veterans Outpatient Clinic – Flint	(810) 720-2913
VETERANS Toll Free numbers	<a href="http://iris.custhelp.va.gov">iris.custhelp.va.gov</a>
Veteran's Transport Service	(810) 239-7600
Vietnam Veterans of America	(810) 232-7773

### **VOLUNTEER OPPORTUNITIES**

American Red Cross	(800) 733-2767
Area on Aging	(800) 858-1637
Big Brother Big Sister	(810) 235-0617
Food Bank Council of Michigan	<a href="http://www.fbmic.org/resources/find-a-food-bank">www.fbmic.org/resources/find-a-food-bank</a>
Food Bank of Eastern Michigan	(810) 239-4441
Habitat for Humanity	(810) 766-9089
Love Inc	(810) 235-4990
Make-A-Wish Foundation	(800) 622-9474 ext. 121
Meals on Wheels	(888) 370-7184
North End Soup Kitchen	(810) 785-6911
Outreach East	(810) 653-7711
Paws Animal Rescue	(810) 635-9649
Red Cross	(810) 257-0747
Salvation Army Flint	(810) 232-2199
St. Luke N.E.W. Life Center	(810) 239-8710
Wellness Aids Services	(810) 232-0888

# IS IT AN EMERGENCY?

Clinic Name: \_\_\_\_\_ Office Phone: \_\_\_\_\_

AFTER HOURS Phone Number: \_\_\_\_\_

Our Preferred Urgent Care: \_\_\_\_\_

<b><u>Non-Urgent:</u></b>	<b><u>TeleHealth</u></b>	<b><u>Semi-Urgent:</u></b>	<b><u>Urgent:</u></b>
<p>You should make an appointment with your <b><u>Primary Care Physician</u></b></p> <ul style="list-style-type: none"> <li>• Cold/Flu Symptoms</li> <li>• Earaches</li> <li>• Mild Backaches</li> <li>• Mild Sprains</li> <li>• Rashes</li> <li>• Sore Throat/Cough</li> <li>• Toothaches</li> </ul>	<p><b><u>(Virtual Visits) Primary Care via Telehealth</u></b></p> <ul style="list-style-type: none"> <li>• Allergies</li> <li>• Bronchitis</li> <li>• Colds and Flus</li> <li>• COVID Symptoms</li> <li>• Earache</li> <li>• Headache</li> <li>• Hives</li> <li>• Insect Bites</li> <li>• Pink Eye</li> <li>• Rashes</li> <li>• Sinusitis</li> </ul> <p>If your provider does not offer Telehealth visits, consider using the <b><u>McLaren Now App</u></b>  <a href="http://mclaren.org/mclarennow">mclaren.org/mclarennow</a></p>	<p>Needs Medical Care and can wait a few hours. You should contact your <b><u>Primary Care Physician</u></b> and/or go to Urgent Care Facility for treatment</p> <ul style="list-style-type: none"> <li>• Accidents and Falls</li> <li>• Moderate Sprains</li> <li>• Moderate Backaches</li> <li>• Mild Breathing Difficulty (i.e. Asthma)</li> <li>• Minor Cuts with Controlled Bleeding</li> <li>• Eye Irritation/Redness</li> <li>• Cold/Flu Symptoms WITH fever</li> <li>• Vomiting/Diarrhea with Dehydration</li> <li>• Severe Sore Throat or Cough</li> <li>• Minor Broken Bones or Fractures (fingers/toes)</li> <li>• Skin Rashes and Infections</li> <li>• Urinary Tract Infections</li> <li>• Minor Injuries</li> <li>• Minor Burns</li> </ul>	<p>You should go to your nearest Hospital Emergency Department</p> <ul style="list-style-type: none"> <li>• Severe Chest Pain or Difficulty Breathing</li> <li>• Compound Fracture (bone protrudes through skin)</li> <li>• Convulsions/Seizures</li> <li>• Loss of Consciousness</li> <li>• Fever in Newborn (less than 3 months old)</li> <li>• Heavy, Uncontrollable Bleeding</li> <li>• Deep Knife or Gunshot Wounds</li> <li>• Moderate to Severe Burns</li> <li>• Poisoning</li> <li>• Serious Head/Neck or Back Injury</li> <li>• Pregnancy-Related Problems</li> <li>• Severe Abdominal Pain</li> <li>• Signs of Heart Attack (chest pain lasting longer than 2 minutes)</li> <li>• Signs of Stroke (loss of vision, sudden numbness, weakness, slurred speech or confusion)</li> <li>• Suicidal or Homicidal Thoughts/Feelings</li> <li>• Vomiting up Blood</li> </ul>

When in doubt, patients who feel their symptoms require immediate medical attention may choose to go to a hospital emergency department, where medical professionals can determine which level of care is required.